

## Section VII: Professional Resources

### Websites

Academy of Breastfeeding Medicine: <http://www.bfmed.org/>. Worldwide organization of physicians dedicated to the promotion, protection and support of and human lactation.

American Academy of Family Physicians, Position Paper: Family Physicians Support Breastfeeding: <http://www.aafp.org/online/en/home/policy/policies/b/breastfeedingpositionpaper.html>

American Academy of Pediatrics, Policy Statement: Breastfeeding and the Use of Human Milk: <http://pediatrics.aappublications.org/content/early/2012/02/22/peds.2011-3552>

American College of Obstetricians and Gynecologists, Special Report from ACOG: Breastfeeding: Maternal and Infant Aspects: [http://www.acog.org/from\\_home/publications/press\\_releases/nr02-01-07-1.cfm](http://www.acog.org/from_home/publications/press_releases/nr02-01-07-1.cfm)

Academy of Nutrition and Dietetic, Position Paper: Promoting and Supporting Breastfeeding: <http://www.eatright.org/About/Content.aspx?id=8377>

Association of Women's Health, Obstetric, and Neonatal Nurses, Position Statement on Breastfeeding: [http://www.awhonn.org/awhonn/binary.content.do?name=Resources/Documents/pdf/5H2a\\_PS\\_Breastfeeding07.pdf](http://www.awhonn.org/awhonn/binary.content.do?name=Resources/Documents/pdf/5H2a_PS_Breastfeeding07.pdf)

Baby Friendly Hospital Initiative (BFHI) USA: <http://www.babyfriendlyusa.org/eng/06.html>  
The Baby-Friendly Hospital Initiative is a global program sponsored by the World Health Organization (WHO) and the United Nations Children's Fund (UNICEF) to encourage and recognize hospitals and birthing centers that offer an optimal level of care for infant feeding.

Centers for Disease Control and Prevention: <http://www.cdc.gov/breastfeeding/>

Drugs and Lactation Database (LactMed): <http://toxnet.nlm.nih.gov/cgi-bin/sis/htmlgen?LACT>

Healthy People 2020, Breastfeeding Goals: Maternal, Infant, Child Health (MICH) -21  
<http://www.healthypeople.gov/2020/topicsobjectives2020/objectiveslist.aspx?topicid=26>

Infant Risk Center: Texas Tech University and Dr. Tom Hale provide up-to-date evidence-based information on the use of medications during pregnancy and breastfeeding <http://www.infantrisk.com/>.

International Board of Lactation Consultant Examiners: <http://www.iblce.org/>

International Lactation Consultant Association: [www.ilca.org](http://www.ilca.org)

Medela Breastfeeding Education Tear sheets: <http://www.medelabreastfeedingus.com/for-professionals/lc-information>

Mississippi Breastfeeding Coalition: [www.msbfc.org](http://www.msbfc.org)

Surgeon General's Call to Action to Support Breastfeeding (2011):  
<http://www.surgeongeneral.gov/topics/breastfeeding/index.html>

World Health Organization: Support for Breastfeeding: <http://www.who.int/topics/breastfeeding/en/>

## **Publications for Healthcare Professionals**

Breastfeeding: A Guide for the Medical Profession, 7<sup>th</sup> ed. by Dr. Ruth Lawrence and Dr. Robert Lawrence, 2011.

Breastfeeding and Human Lactation, 4<sup>th</sup> edition, by Jan Riordan and Karen Wambach. Jones and Bartlett Publishers, Inc., 2009.

Breastfeeding and Maternal and Infant Health Outcomes in Developed Countries. DHHS, Agency for Healthcare Research and Quality, 2007. [www.arhq.gov](http://www.arhq.gov)

Breastfeeding Answers Made Simple, by Nancy Mohrbacher, Hale Publishing, 2010.

The Breastfeeding Atlas, 8<sup>th</sup> ed. by Barbara Wilson-Clay and Kay Hoover. Lactnews Press, 2008.

The Breastfeeding Handbook for Physicians, AAP and ACOG. 2006.

Drugs in Pregnancy and Lactation: A Reference to Fetal and Neonatal Risk, 8<sup>th</sup> ed., by Gerald Briggs, Roger Freeman, and Sumner Yaffe. Lippincott, Williams & Wilkins, 2008.

Hale and Hartmann's Textbook of Human Lactation, 1<sup>st</sup> ed. by Thomas W. Hale and Peter E. Hartmann. Hale Publishing, 2007.

*Journal of Human Lactation*: <http://jhl.sagepub.com/>

Medications and Mother's Milk: A Manual of Lactational Pharmacology, 15<sup>th</sup> ed. by Dr. Thomas Hale. Hale Publishing, 2012. [www.ibreastfeeding.com](http://www.ibreastfeeding.com)

Nonprescription Drugs for the Breastfeeding Mother, 2<sup>nd</sup> ed., Frank Nice, RPh. Hale Publishing, 2011.

## **Phone Support**

Infant Risk Center: Texas Tech University and Dr. Tom Hale provide up-to-date evidence-based information on the use of medications during pregnancy and breastfeeding. Open to answer calls Monday-Friday 8am-5pm central time. Call (806)-352-2519 or go to [www.infantrisk.com](http://www.infantrisk.com).

## **Breastfeeding DVDs for Patients or Breastfeeding Classes**

“Another Way of Saying I Love You”: Mississippi WIC Program. Contact Amy Winter (601) 991-6000 or 1-800-545-6747. View at [www.mswic.org](http://www.mswic.org). English version only. *Free*

“Baby-Led Breastfeeding”: Christina Smillie, MD. Geddes Productions, [www.geddesproduction.com](http://www.geddesproduction.com). Available in multiple languages.

“Better Breastfeeding: A Guide for Teens”: Injoy Videos, 1-800-326-2082 or [www.injoyvideos.com](http://www.injoyvideos.com).

“Breastfeeding for Working Mothers”: Injoy Videos, 1-800-326-2082 or [www.injoyvideos.com](http://www.injoyvideos.com).

“Breastfeeding: You Can Do It!”: Pam Wiggins, LA Publishing, LLC, 1-800-397-5833 or [www.breastfeedingdvds.com](http://www.breastfeedingdvds.com). Available in multiple languages.

## **Breastfeeding DVDs for Staff Training**

“Breastfeeding: Best Practice,” Injoy Birth and Parenting, [www.injoyvideos.com](http://www.injoyvideos.com) or 800-326-2082.

“Breastfeeding: Building Connections with New Families,” Mississippi WIC Program. Contact Amy Winter (601) 991-6000 or 1-800-545-6747. *Free*

“Managing Early Breastfeeding Challenges,” Injoy Birth and Parenting, [www.injoyvideos.com](http://www.injoyvideos.com) or 800-326-2082.

“Partnering with WIC for Breastfeeding Success,” USDA publication. Contact Amy Winter (601) 991-6000 or 1-800-545-6747. *Free*

## Section VIII: Consumer Resources

### Web Resources

Ameda Breastfeeding Q & A: <http://www.ameda.com/breastfeeding/elibrary/qa.aspx>

An Easy Guide to Breastfeeding for African American Women:

<http://www.womenshealth.gov/pub/BF.AA.pdf>

Baby GooRoo, Breastfeeding Information from Amy Spangler, MN, RN, IBCLC, [www.babygooroo.com](http://www.babygooroo.com)

Blacktating, Breastfeeding news and views from a mom of color, <http://www.blacktating.com/>

Kellymom – Breastfeeding Information: <http://www.kellymom.com/>

La Leche League International: <http://www.llli.org/>

Medela Tips and Solutions: <http://www.medelabreastfeedingus.com/for-expectant-mothers/tips-and-solutions>

Mississippi Breastfeeding Medicine Clinic: <http://www.msbfmedclinic.com/>

Mississippi Breastfeeding Law: <http://billstatus.ls.state.ms.us/2006/html/history/SB/SB2419.htm>

### Books for Parents

Breastfeeding Answers Made Simple, Nancy Mohrbacher, IBCLC. Hale Publishing, 2010.

Breastfeeding: A Parent's Guide, 9<sup>th</sup> ed. Amy Spangler, MN, RN, IBCLC. 2006.

Breastfeeding Made Simple by Nancy Mohrbacher, IBCLC and Dr. Kathleen Kendall-Tackett, IBCLC. New Harbinger Publications, Inc., 2005.

Medications and Mother's Milk: A Manual of Lactational Pharmacology, 15<sup>th</sup> ed. by Dr. Thomas Hale. Hale Publishing, 2012. [www.ibreastfeeding.com](http://www.ibreastfeeding.com). Packed with more than 900 drugs, diseases, vaccines, and other material, this easy-to-use reference provides the clinician or mother with easily understood recommendations about the use of medications while breastfeeding.

Nonprescription Drugs for the Breastfeeding Mother, 2<sup>nd</sup> ed., Frank Nice, RPh. Hale Publishing, 2011.

Nursing Mother, Working Mother, 2<sup>nd</sup> ed., by Gale Pryor and Kathleen Huggins, RN. Harvard Common Press, 2007.

Ultimate Breastfeeding Book of Answers by Dr. Jack Newman, Three Rivers Press, 2006.

Why Should I Nurse My Baby? By Pamela Wiggins, IBCLC. LA Publishing, 2012.

The Womanly Art of Breastfeeding, 8<sup>th</sup> ed. La Leche League International, 2010.

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