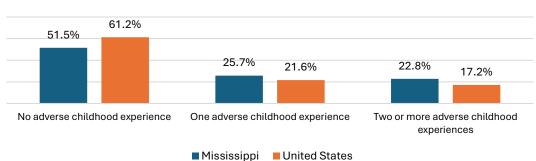
## Adverse Childhood Experiences (ACEs) in Mississippi: A Data Overview

#### What are ACEs?

- ACEs are potentially traumatic events that occur in childhood (0-17 years).
- Examples of ACEs include
  - Experiencing violence, abuse, or neglect
  - Witnessing violence in the home or community
  - Having a family member attempt or die by suicide
- Other examples can include growing up in a household with:
  - Substance use problems
  - Mental health problems
  - Instability due to parental separation
  - Instability due to household members being in prison

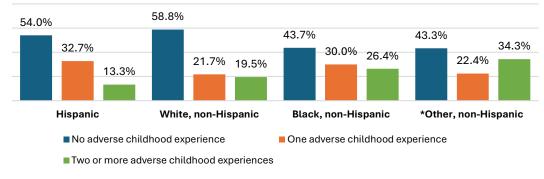
# Mississippi vs. National Comparison of ACEs in Children (Ages 0 to 17), 2022- 2023





In Mississippi, **22.8%** of children have experienced two or more ACEs, compared to **17.2%** nationally, indicatin g a higher prevalence of childhood adversity in the state.

## ACEs by Race in Mississippi, Ages 0 to 17, 2022 - 2023



Over **32.7%** of Hispanic children in Mississippi experienced one ACE—a higher rate than observed in White, Black, or other racial groups, indicating racial disparities in childhood adversity. Over **34%** of children in other racial groups experienced two or more ACEs which are higher than Hispanic, White, and Black children.

### **Prevention Strategies:**

- Strengthen economic supports for family
- Promote social norms that protect against violence and adversity
- Ensure a strong start for children
- Teach skills
- Connect youth to caring adults and activities
- Intervene to lessen immediate and long-term harms

#### **Public Health Can:**

- Use public health surveillance systems to describe the burden of ACEs and changes over time.
- Identify populations at disproportionate risk of ACEs to inform
   tailored prevention and intervention strategies
- Monitor efforts to reduce the disproportionate burden of ACEs and achieve health equity.

#### **Protective Factors:**

- Families who create safe, stable, and nurturing relationships.
- Families where caregivers have steady employment.
- Children who have caring adults outside the family who serve as mentors or role models.
- Communities where families have access to economic and financial help.
- Communities where adults have work opportunities with family-friendly policies.

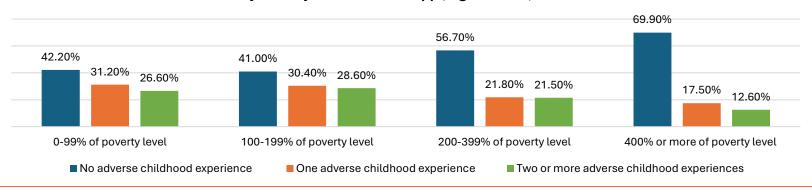
#### **Data Sources**

- 1. NSCH Interactive
  Data Query
- 2. Adverse Childhood Experiences (ACEs)

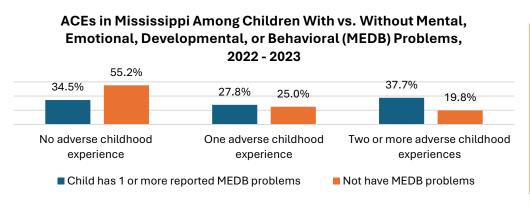
<sup>\*</sup>Other, Non-Hispanic- AI/AN, Native Hawaiian/Other Pacific Islander, Multi-race

# Adverse Childhood Experiences (ACEs) in Mississippi: A Data Overview

#### ACEs by Poverty Level in Mississippi, Ages 0 to 17, 2022 - 2023

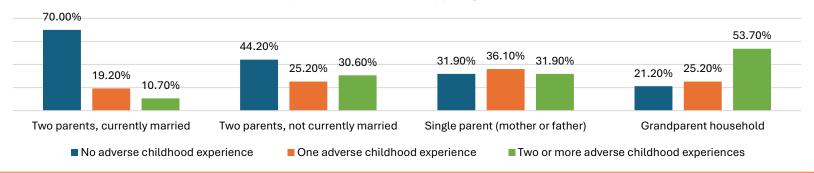


Children in lower-income households are significantly more likely to experience one or more ACEs. Over **26**% of children within the **0**-99% poverty level experienced two or more ACEs, compared to just **12.6**% of children in households at **400**% or more of the poverty level. This demonstrates a strong inverse relationship between socioeconomic status and exposure to childhood adversity.



Children with mental, emotional, developmental, or behavioral (MEDB) problems are much more likely to have experienced multiple ACEs. Nearly **38%** of these children had one or more ACEs, compared to just under **20%** of children without MEDB problems. This highlights a strong link between childhood adversity and developmental health outcomes.

#### ACEs by Family Structure in Mississippi, Ages 0 to 17, 2022 - 2023



Children in different family structures face different levels of risk for ACEs. Over **53%** of children living with grandparents experienced two or more ACEs, compared to just **10.7%** of children in married, two-parent households. This highlights the strong connection between family structure and childhood adversity.

#### **Conclusion:**

ACEs are common among children in Mississippi and are closely associated with race, poverty, family structure, and
mental, emotional, developmental, or behavioral (MEDB) problems. Children in non-traditional households and lowerincome families are especially at risk for experiencing multiple ACEs. These experiences can lead to long-term
challenges in physical, emotional, and behavioral health. Preventing ACEs through early intervention, strong community
supports, and supportive systems that respond to children's experiences are essential to improving child well-being and
achieving health equity across the state.

#### **Data Sources**

- NSCH Interactive Data
   Query
- 2. Adverse Childhood Experiences (ACEs) | CDC