



MISSISSIPPI STATE DEPARTMENT OF HEALTH

2019

MS PRAMS Surveillance Report Brief

Acknowledgments

Success for the 2019 Mississippi PRAMS Surveillance Report was made possible through the support and effort of many individuals who believe this information is vital to the health and well-being of new mothers and their infants. Sincere appreciation is extended to the mothers who participated in the survey and contributed directly to the quality of the resulting surveillance report.

Thanks go to the Centers for Disease Control and Prevention, the Mississippi PRAMS Staff, Mississippi State Department of Health, Office of Health Data Operations & Research, and Office of Vital Statistics for their contributions to making the project a success. Thank you to Brenda Hughes and Evandia Woods for their dedication to the PRAMS program.

Contact information

Dorothy Young, PhD
Chief Officer, Health Data Operations & Research
Mississippi State Department of Health
PO Box 1700
570 East Woodrow Wilson
Jackson, MS 39215-1700
Email: dorothy.young@msdh.ms.gov
Phone: (601) 576-7954

Suggested citation

Office of Health Data and Research, Mississippi State Department of Health. Mississippi PRAMS Surveillance Report, Year 2019 Births, Jackson, MS: Mississippi Department of Health, 2023.

Sources for more information:

CDC PRAMS provides more information about PRAMS on its website, <http://www.cdc.gov/prams>

Introduction

The Pregnancy Risk Assessment Monitoring System (PRAMS) project is led by the Centers for Disease Control and Prevention (CDC) in collaboration with state health departments. The goal of this project is to improve the health outcomes of mothers and infants. State-specific findings describe maternal experiences and behaviors during the time before pregnancy through the months just after delivery. Reports are used to plan and evaluate health programs to inform policymakers and the general public.

The Title V Maternal and Child Health Block Grant is a Federal-State partnership program geared towards improving the health of mothers and children, including children and youth with special health needs. MS PRAMS addresses several Title V Maternal and Child Health priorities, including: decreasing infant mortality, increasing access to health care/medical homes for children and youth with special health needs, increasing access to comprehensive health care for children, reducing teen pregnancy and teen birth rate, increasing health insurance coverage, reducing low birth weight and premature birth, and increasing access to prenatal care.

All responses in this report are given by women with a recently reported birth. Survey methods are explained in the appendix, including guidelines for interpreting the report. The topics in this brief surveillance report are covered in several sections:

1. Alcohol, tobacco and substance use
2. Infant morbidity and mortality
3. Prenatal care and postpartum visits and content
4. Preconception behaviors
5. Sexually transmitted infections/HIV
6. Birth control
7. Violence
8. Infant feeding
9. Infant sleep, maternal morbidity and pregnancy and delivery history
10. Depression and anxiety
11. Delivery types and reasons
12. Healthcare coverage and household income
13. Immunizations

Interpretation of text and tables

The PRAMS survey requires special weighted calculations to account for the survey design and to allow presentation of population level estimates for all Mississippi resident women with an in-state live birth in 2019 (not just the respondents). “Percent of women” refers to Mississippi residents with an in-state live birth minus those women who adopt infants and other exclusions. This does not include mothers who are excluded according to CDC protocol guidelines: out of state births to residents, in state births to nonresidents, infants whose birth certificates lack the mother’s last name, birth certificates that are processed too late after the birth occurred (more than six months afterwards), multiple gestation infants, adopted infants, and surrogate births. Because of the survey design, we report a margin of error, the 95% confidence interval (CI). Categories of maternal characteristics that have non-overlapping 95% CIs are statistically significantly different from each other. This test of significance can be used to describe findings for each PRAMS questionnaire item. Sample sizes for some subpopulations were too small for precise estimates. Responses with relative standard error (RSE) above 30% are suppressed. In the tables of this report, results replaced with a dash (-) indicate an RSE greater than 30%.

Phase 8 Survey Topical Areas and Questions

Alcohol, Tobacco, and Other Substance Use		Page
Question #	Alcohol Use	
20c	Health care workers talked about drinking alcohol during pregnancy affecting baby	9
21d	During prenatal care visits, health care workers asked about drinking alcohol	9
42	Any alcohol consumption in the past 2 years	16
43	Alcohol use per week, 3 months before pregnancy	16
44	Alcohol use per week, last 3 months of pregnancy	16
Question #	Tobacco Use	
20a	How smoking during pregnancy could affect my baby	9
35	Any smoking in past 2 years	13
36	Number of cigarettes per day, 3 months before pregnancy	13
37	Number of cigarettes per day, last 3 months of pregnancy	14
38	Smoking now (post-partum / at time of survey)	14
39	Use of smoking products	15
40	Use of e-cigarettes or other electronic nicotine products 3 months before pregnancy	15
41	Use of e-cigarettes or other electronic nicotine products during last 3 months of pregnancy	15
76g	Health care workers asked if smoking cigarettes during postpartum checkup	27
Question #	Prescription Medicine and Other Substance Use	
20e	Health care workers talked about using safe medicine during pregnancy	9
20f	Health care workers talked about illegal drug use affecting baby	9
21g	Health care workers asked about using drugs such as marijuana, cocaine, methamphetamines or crack	9
Infant Morbidity and Mortality		Page
Question #	Infant Morbidity and Mortality	
55	Baby had an intensive care stay after birth	20
56	Baby's hospital stay after birth	20
57	Is the baby alive now?	21
Prenatal Care and Postpartum Visits and Content		
Question #	Prenatal and Postpartum Care Content	
12	Health care workers talked about [topic] 12 months before pregnancy	5
20	Health care workers instructions to woman during prenatal care	9
22	Prenatal care satisfaction	10
63	Health care workers instructions to woman before discharge	22

Prenatal Care Initiation		
18	First prenatal care visit / prenatal care initiation	8
19	Source of prenatal care	8
Health Care Checkup		
10	Health care visits before pregnancy	4
11a	Regular checkup at family doctor's office	4
11b	Regular checkup at OB/GYN's office	4
76	Things done during postpartum checkup	27
Behaviors During Preconception, Pregnancy and Postpartum Periods		Page
Nutrition and Physical Activity		
7a	Dieting 12 months before pregnancy to lose weight	3
7b	Exercising 3 or more days per week	3
12b	Health care workers talked about healthy weight, 12 months before pregnancy	5
Screening Risk for Chronic Disease		
2	Woman's BMI before pregnancy	1
7	Activities 12 months before pregnancy	3
12b	Health care workers talked about healthy weight, 12 months before pregnancy	5
12c	Health care workers talked about controlling any medical conditions, such as diabetes or high blood pressure	5
20a	Health care workers talked about how smoking during pregnancy and effect on baby	9
20c	Health care workers talked about drinking alcohol during pregnancy and effect on baby	9
32a	Gestational diabetes during this pregnancy	12
32b	High blood pressure or hypertension during pregnancy	12
35	Any smoking in past 2 years	13
36	Number of cigarettes per day, 3 months before pregnancy	13
37	Number of cigarettes per day, last 3 months of pregnancy	14
38	Last 3 months of pregnancy	14
42	Any alcohol consumption in the past 2 years	16
43	Alcohol per week, 3 months before pregnancy	16
44	Alcohol per week, last 3 months of pregnancy	16
Multivitamin Use		
9	Taking multivitamin, prenatal vitamin, or a folic acid supplement 12 months before pregnancy	4
12a	Health care workers talked about taking a multivitamin with folic acid, 12 months before pregnancy	5
76a	Health care providers talked about taking a vitamin with folic acid during postpartum checkup	27
Weight Before and During Pregnancy		
2	Woman's BMI before pregnancy	1
12b	Health care workers talked about healthy weight, 12 months before pregnancy	5

54	Weight gain during pregnancy	20
76b	Health care workers talked about healthy eating, exercise, and losing weight gained during pregnancy	27
Question #	Women, Infants and Children (WIC) Program	
30	On WIC during pregnancy	11
31	Speaking with a breastfeeding peer counselor or another WIC staff person about breastfeeding	12
Question #	Oral Health	
11g	Having teeth cleaned before pregnancy	4
27	Had teeth cleaned by a dentist or dental hygienist during pregnancy	11
28	Care of teeth during pregnancy	11
29	Teeth/gums problem during pregnancy	11
Question #	Seat Belt Use	
20d	Seat belt use during pregnancy	9
Sexually Transmitted Infections / HIV		Page
Question #	Human Immunodeficiency Virus (HIV) Test	
12l	Health care workers talked about getting tested for HIV 12 months before pregnancy	5
21h	Health care workers asked about getting tested for HIV during prenatal care visits	9
23	HIV test during pregnancy or delivery	10
Question #	Sexually Transmitted Infections (STIs), Urinary Tract Infections (UTI), Vaginal Infections	
12g	Health care workers talked about STIs before pregnancy	5
20h	Health care workers talked about signs and symptoms of preterm labor	9
34	Type of infection	12
Shots		Page
Question #	Immunizations and Progesterone/Progestin Shots	
24	Flu shot offered by healthcare provider 12 months before delivery	10
25	Received flu shot 12 months before delivery	10
26	Received Tdap during pregnancy	10
33	Weekly shots of Makena or 17P	12
Birth Control		Page
Question #	Contraception	
11e	Visit for family planning or birth control before pregnancy	4
12e	Health care workers talked about using birth control, 12 months before pregnancy	5
16	How women feel about becoming pregnant	7
17	Timing of pregnancy	7
21j	Health care workers asked about using birth control after delivery during prenatal care visits	9
72	Doing anything now to prevent pregnancy	25
73	Reasons for not doing anything now to prevent pregnancy	26

74	Types of birth control	26
76d	Health care workers talked about birth control during postpartum checkup	27
76e	Healthcare workers gave or prescribed a contraceptive method	27
76f	Health care providers inserted IUD or a contraceptive implant	27
Question #		Pregnancy Intention
12e	Health care workers talked about birth control, 12 months before pregnancy	5
16	Feelings about being pregnant before becoming pregnant	7
Violence		Page
Question #		Physical and Emotional Abuse
20j	Health care workers talked about physical abuse by husbands or partners during prenatal care visits	9
46	Did anyone physically abuse woman 12 months before pregnancy	17
47	Did anyone physically abuse woman during pregnancy	18
48	Emotional abuse by husband/partner during pregnancy	18
Infant Feeding		Page
Question #		Breastfeeding
20b	Health care workers talked about breastfeeding during prenatal care visits	9
31	Spoke with a breastfeeding peer counselor or another WIC staff person about breastfeeding	12
59	Woman received information about breastfeeding	21
60	Ever breastfed or pumped breast milk	22
61	Currently breastfeeding or pumping breast milk	22
62	Duration of breastfeeding or pumping breast milk	22
63	Baby-Friendly hospitals	22
64	Baby's first time drinking liquids other than breast milk	23
65	Woman was suggested not to breastfeed	23
66	Who suggested not to breastfeed	23
Question #		Sleep Behaviors
67	Baby's sleep position	24
68	Baby sleeps alone in his or her own crib	24
69	Room sharing	24
70	Sleep environment safety	25
71	Safe sleep discussed with health care providers	25
Maternal Morbidity & Pregnancy and Delivery History		Page
Question #		Pregnancy History
4	Previous live birth	2
5	Previous low birth weight birth	2
6	Previous premature infant	2
7c	Regularly taking prescription medicines other than birth control 12 months before pregnancy	3
8	Having health conditions 3 months before pregnancy	3
32	Having health conditions during pregnancy	12

34	Having infection during pregnancy	12
50	C-section plan	19
51	Delivery type	19
52	Reason for C-section	19
53	Who suggested having C-section	20
63	Health care workers instructions to woman before discharge	22
Depression and Anxiety		Page
Question #	Depression and Anxiety	
8c	Depression 3 months before pregnancy	3
8j	Anxiety 3 months before pregnancy	3
11f	Visited health care workers for depression or anxiety, 12 months before pregnancy	4
12	Health care workers asked about feeling down or depressed before pregnancy	5
20j	During prenatal care visit, health care workers talked about what to do if feeling depressed during pregnancy or after delivery	9
21f	Health care workers asked about feeling down or depressed during prenatal visits	9
32c	Depression during pregnancy	12
45	Stressful events 12 months before delivery	17
76i	Health care workers asked about feeling down or depressed during postpartum checkup	27
77	Feeling down, depressed or hopeless after delivery	27
78	Little interest or pleasure in doing things after delivery	28
Health Care Coverage and Household Income		Page
Question #	Health Care Coverage	
13	Insurance coverage the month before pregnancy	5
14	Health insurance for prenatal care	6
15	Health insurance for now	6
28c	Dental insurance during pregnancy	11
Question #	Medicaid	
13d	Medicaid the month before pregnancy	5
14d	Medicaid during pregnancy	6
15c	Medicaid coverage postpartum (now / following delivery)	6
Question #	Household Income	
79	12 months before delivery, yearly total household income before taxes	28
80	12 months before delivery, number of people who depended on household income	28
Question #	WIC Program	
30	WIC during pregnancy	11

Before Pregnancy

1. How tall are *you* without shoes?

2. *Just before* you got pregnant with your *new* baby, how much did you weigh?

Height and weight were used to calculate Body Mass Index (BMI) before pregnancy.

Women's Body Mass Index before pregnancy

	Percent	95% CI	
		<i>Lower</i>	<i>Upper</i>
Underweight, BMI <18.5	3.0	2.0	4.1
Normal weight, BMI 18.5 - 24.9	32.9	29.7	36.1
Overweight, BMI 25.0–29.9	26.6	23.5	29.6
Obese, BMI 30.0+	37.6	34.2	40.9

3. What is *your* date of birth?

Date of birth was used to calculate the woman's age at the time of birth. Women of similar ages were grouped into common age groups used for women of reproductive age.

Women's age group (years)

	Percent	95% CI	
		<i>Lower</i>	<i>Upper</i>
19 and younger	7.7	5.8	9.5
20-24	27.3	24.3	30.4
25-29	31.8	28.7	35.0
30-34	23.3	20.4	26.1
35 and older	9.9	7.9	11.9

4. Before you got pregnant with your new baby, did you ever have any other babies who were born alive? (Note: Women who said “No” skipped to Question 7.)

Previous live birth	Percent	95% CI	
		<i>Lower</i>	<i>Upper</i>
Women who had previous live birth	62.9	59.6	66.2

Number of previous live births	Percent	95% CI	
		<i>Lower</i>	<i>Upper</i>
0	35.4	32.1	38.6
1	31.4	28.3	34.5
2	20.4	17.7	23.2
3-5	11.6	9.5	13.8
≥6	1.2	0.5	1.8

5. Did the baby born just before your new one weigh 5 pounds, 8 ounces (2500 grams) or less at birth?

For women who have previously had a birth, was the birth weight low (< 2500 grams)

	Percent	95% CI	
		<i>Lower</i>	<i>Upper</i>
Women who had a previous low birthweight birth (< 2500 grams)	17.6	14.5	20.6

6. Was the baby just before your new one born earlier than 3 weeks before his or her due date?

Previous preterm birth	Percent	95% CI	
		<i>Lower</i>	<i>Upper</i>
Women who had a previous preterm birth (<37 weeks gestation)	17.2	14.1	20.2

7. At any time during the 12 months before you got pregnant with your new baby, did you do any of the following things?

Women's behaviors during the 12 months before pregnancy

	Percent	95% CI	
		<i>Lower</i>	<i>Upper</i>
a. I was dieting (changing my eating habits) to lose weight	27.3	24.2	30.3
b. I was exercising 3 or more days of the week for fitness outside my regular job	33.4	30.2	36.6
c. I was regularly taking prescription medicines other than birth control	22.3	19.5	25.1
d. A health care worker checked me for diabetes	22.0	19.2	24.8
e. I talked to a health care worker about my family medical history	35.6	32.3	38.8

8. During the 3 months before you got pregnant with your new baby, did you have any of the following health conditions?

Women's health conditions during the 3 months before pregnancy

	Percent	95% CI	
		<i>Lower</i>	<i>Upper</i>
a. Type 1 or Type 2 diabetes (not gestational diabetes or diabetes that starts during pregnancy)	1.8	1.0	2.7
b. High blood pressure or hypertension	8.8	7.0	10.6
c. Depression	19.0	16.2	21.5
d. Asthma	7.5	5.7	9.3
e. Anemia (poor blood, low iron)	21.9	19.1	24.7
f. Heart problems	2.2	1.3	3.2
g. Epilepsy (seizures)	1.3	0.5	2.0
h. Thyroid problems	3.6	2.4	4.8
i. PCOS (polycystic ovarian syndrome)	4.3	3.0	5.8
j. Anxiety	25.0	22.0	27.9
k. Sickle cell	-	-	-

Note: Responses with relative standard error (RSE) above 30% are suppressed (dashes).

9. During the *month before* you got pregnant with your new baby, how many times a week did you take a multivitamin, a prenatal vitamin, or a folic acid vitamin?

Took a vitamin during month before pregnancy

	Percent	95% CI	
		<i>Lower</i>	<i>Upper</i>
a. I didn't take a multivitamin, prenatal vitamin, or folic acid vitamin in the <i>month before</i> I got pregnant	65.2	61.9	68.4
b. 1 to 3 times a week	6.0	4.4	7.5
c. 4 to 6 times a week	3.3	2.1	4.5
d. Every day of the week	25.5	22.6	28.5

10. In the *12 months before* you got pregnant with your new baby, did you have any health care visits with a doctor, nurse, or other health care worker, including a dental or mental health worker? (Note: Women who said "No" skipped to Question 13.)

Healthcare visits during the 12 months before pregnancy

	Percent	95% CI	
		<i>Lower</i>	<i>Upper</i>
Had a healthcare visit in the 12 months before pregnancy	60.9	57.5	64.2

11. What type of health care visit did you have in the *12 months before* you got pregnant with your new baby? (Check all that apply.)

Type of healthcare visit during 12 months before pregnancy

	Percent	95% CI	
		<i>Lower</i>	<i>Upper</i>
a. Regular checkup at my family doctor's office	43.4	39.1	47.7
b. Regular checkup at my OB/GYN's office	61.8	57.6	66.1
c. Visit for an illness or chronic condition	21.6	18.0	25.2
d. Visit for an injury	5.2	3.2	7.2
e. Visit for family planning or birth control	18.1	14.7	21.4
f. Visit for depression or anxiety	15.5	12.4	18.7
g. Visit to have my teeth cleaned by a dentist or dental hygienist	55.1	50.8	59.5
h. Other	14.8	11.7	17.9

12. During any of your health care visits in the 12 months before you got pregnant, did a doctor, nurse, or other health care worker do any of the following things?

Things health care workers did during visit during the 12 months before pregnancy

	Percent	95% CI	
		<i>Lower</i>	<i>Upper</i>
a. Tell me to take a vitamin with folic acid	25.5	21.7	29.3
b. Talk to me about maintaining a healthy weight	38.2	33.9	42.4
c. Talk to me about controlling any medical conditions such as diabetes or high blood pressure	19.9	16.5	23.3
d. Talk to me about my desire to have or not have children	35.2	31.0	39.4
e. Talk to me about using birth control to prevent pregnancy	42.7	38.4	47.0
f. Talk to me about how I could improve my health before a pregnancy	25.7	21.9	29.5
g. Talk to me about sexually transmitted infections such as chlamydia, gonorrhea, or syphilis	27.6	23.7	31.5
h. Ask me if I was smoking cigarettes	72.0	68.1	76.0
i. Ask me if someone was hurting me emotionally or physically	34.3	30.1	38.4
j. Ask me if I was feeling down or depressed	46.3	41.9	50.6
k. Ask me about the kind of work I do	51.6	47.3	56.1
l. Test me for HIV (the virus that causes AIDS)	33.6	29.5	37.8

13. During the month before you got pregnant with your new baby, what kind of health insurance did you have? (Check all that apply.)

Health insurance coverage during the month before pregnancy

	Percent	95% CI	
		<i>Lower</i>	<i>Upper</i>
a. Private health insurance from my job or the job of my husband or partner	39.5	36.2	42.8
b. Private health insurance from my parents	8.9	7.0	10.9
c. Private health insurance from the Mississippi Health Insurance Marketplace or HealthCare.gov	3.3	2.1	4.4
d. Medicaid	25.0	23.1	28.9
e. SCHIP	1.3	0.6	2.0
f. TRICARE or other military health care	2.5	1.4	3.6
g. Indian Health Service	-	-	-
h. Other health insurance	4.5	3.0	5.9

i. I did not have any health insurance during the <i>month before</i> I got pregnant	24.5	21.6	27.4
--	------	------	------

Note: Responses with relative standard error (RSE) above 30% are suppressed (dashes).

14. During your most recent pregnancy, what kind of health insurance did you have for your *prenatal care*? (Check all that apply.)

Health insurance coverage for prenatal care

	Percent	95% CI	
		<i>Lower</i>	<i>Upper</i>
a. I did not go for prenatal care	2.0	1.1	2.9
b. Private health insurance from my job or the job of my husband or partner	34.4	31.2	37.7
c. Private health insurance from my parents	4.1	2.7	5.5
d. Private health insurance from the Mississippi Health Insurance Marketplace or HealthCare.gov	2.2	1.2	3.2
d. Medicaid	66.6	63.3	69.8
e. SCHIP	-	-	-
f. TRICARE or other military health care	2.4	1.3	3.5
g. Indian Health Service	-	-	-
h. Other health insurance	2.1	1.1	3.1
i. I did not have any health insurance for my <i>prenatal care</i>	2.3	1.1	3.5

Note: Responses with relative standard error (RSE) above 30% are suppressed (dashes).

15. What kind of health insurance do you have now? (Check all that apply.)

Health insurance coverage after pregnancy

	Percent	95% CI	
		<i>Lower</i>	<i>Upper</i>
a. Private health insurance from your job or the job of my husband or partner	34.2	30.9	37.4
b. Private health insurance from my parents	4.7	3.3	6.2
c. Private health insurance from the Mississippi Health Insurance Marketplace or HealthCare.gov	2.7	1.6	3.8
d. Medicaid	38.7	34.5	41.0
e. SCHIP	-	-	-
f. TRICARE or other military health care	2.2	1.2	3.2
g. Indian Health Service	-	-	-
h. Other source(s)	3.9	2.6	5.2
i. I do not have health insurance <i>now</i>	19.4	16.8	22.1

Note: Responses with relative standard error (RSE) above 30% are suppressed (dashes).

16. Thinking back to *just before* you got pregnant with your new baby, how did you feel about becoming pregnant? (Check one answer.) (Note: Women who said anything other than “I wanted to be pregnant later” skipped to Question 18.)

Women’s feelings about becoming pregnant

	Percent	95% CI	
		<i>Lower</i>	<i>Upper</i>
I wanted to be pregnant later	26.1	23.2	29.1
I wanted to be pregnant sooner	10.1	8.0	12.1
I wanted to be pregnant then	32.4	29.2	35.5
I didn’t want to be pregnant then or at any time in the future	11.6	9.4	13.9
I wasn’t sure what I wanted	19.8	17.1	22.5

17. How much longer did you want to wait to become pregnant?

How long women wanted to wait to become pregnant

	Percent	95% CI	
		<i>Lower</i>	<i>Upper</i>
Less than 1 year	10.6	6.6	14.7
1 year to less than 2 years	26.4	20.6	32.2
2 years to less than 3 years	25.0	19.3	30.7
3 years to 5 years	28.0	21.2	34.0
More than 5 years	10.0	6.1	13.8

During Pregnancy

The next questions are about the prenatal care you received during your most recent pregnancy. Prenatal care includes visits to a doctor, nurse, or other health care worker before your baby was born to get checkups and advice about pregnancy.

18. How many weeks *or* months pregnant were you when you had your first visit for prenatal care? (Note: Women who said they did not go for prenatal care skipped to Question 23.)

Trimester of first prenatal care visit

	Percent	95% CI	
		Lower	Upper
First trimester	88.2	86.0	90.4
Second trimester	11.3	9.1	13.4
Third trimester	-	-	-

Note: Responses with relative standard error (RSE) above 30% are suppressed (dashes).

Women who started prenatal care during the first trimester

	Percent	95% CI	
		Lower	Upper
Yes	83.0	80.4	85.6
No	15.1	12.7	17.6
No prenatal care	1.9	1.0	2.8

Number of prenatal care visits

	Percent	95% CI	
		Lower	Upper
<=8	14.8	12.5	17.1
9-11	23.5	20.5	26.4
≥12	61.7	58.4	65.0

19. Where did you go *most of the time* for your prenatal care visits? (Check one answer.)

Type of place where prenatal care was received

	Percent	95% CI	
		Lower	Upper
a. Hospital Clinic	20.1	14.4	19.7
b. Health Department Clinic	4.8	3.3	6.2
c. MD/HMO	56.3	52.9	59.7
d. Community Health Center	6.4	4.8	8.2
e. Other	12.3	10.0	14.6

20. During any of your prenatal care visits, did a doctor, nurse, or other health care worker talk with you about any of the things listed below?

Women's healthcare discussions with doctors, nurses or health care workers during pregnancy

	Percent	95% CI	
		<i>Lower</i>	<i>Upper</i>
a. How smoking during pregnancy could affect my baby	75.2	72.3	78.2
b. Breastfeeding my baby	86.7	84.3	89.0
c. How drinking alcohol during pregnancy could affect my baby	74.2	71.2	77.3
d. Using a seat belt during my pregnancy	51.9	48.5	55.4
e. Medicines that are safe to take during my pregnancy	92.4	90.6	94.3
f. How using illegal drugs could affect my baby	68.5	65.2	71.7
g. Doing tests to screen for birth defects or diseases that run in my family	85.2	82.8	87.6
h. The signs and symptoms of preterm labor (labor more than 3 weeks before the baby is due)	79.1	76.3	82.0
i. What to do if I feel depressed during my pregnancy or after my baby is born	73.1	70.1	76.2
j. Physical abuse to women by their husbands or partners	45.8	42.4	49.2

21. During any of your prenatal care visits, did a doctor, nurse, or other health care worker ask you any of the things listed below?

Women's discussions with doctors, nurses or health workers during prenatal visits

	Percent	95% CI	
		<i>Lower</i>	<i>Upper</i>
a. If I knew how much weight I should gain during pregnancy	55.4	51.9	58.8
b. If I was taking any prescription medication	93.4	91.7	95.1
c. If I was smoking cigarettes	91.1	89.2	93.1
d. If I was drinking alcohol	88.6	86.5	90.8
e. If someone was hurting me emotionally or physically	53.9	50.4	57.3
f. If I was feeling down or depressed	69.1	65.9	72.3
g. If I was using drugs such as marijuana, cocaine, crack, or meth	67.7	64.4	70.9
h. If I wanted to be tested for HIV (the virus that causes AIDS)	49.7	46.3	53.2
i. If I planned to breastfeed my new baby	89.9	87.8	91.9
j. If I planned to use birth control after my baby was born	87.4	85.1	89.6

22. How did you feel about the prenatal care you got during *your most recent* pregnancy?

Satisfaction with prenatal care			
	Percent	95% CI	
		<i>Lower</i>	<i>Upper</i>
a. The amount of time I had to wait	83.5	81.0	86.1
b. The amount of time the doctor, nurse, or midwife spent with me	87.6	85.4	89.8
c. The advice I got on how to take care of myself	89.4	87.3	91.5
d. The understanding and respect shown toward me as a person	93.8	92.2	95.4

23. At any time during *your most recent* pregnancy or delivery, did you have a test for HIV (the virus that causes AIDS)?

Had test for HIV during pregnancy			
	Percent	95% CI	
		<i>Lower</i>	<i>Upper</i>
Women who had an HIV test during pregnancy	59.8	56.1	63.6

24. During the 12 months before the *delivery* of your new baby, did a doctor, nurse, or other health care worker *offer* you a flu shot or *tell* you to get one?

Flu shot offered or provider told woman to get a flu shot in the 12 months before delivery			
	Percent	95% CI	
		<i>Lower</i>	<i>Upper</i>
Women who were offered or told to get a flu shot during pregnancy	82.5	79.9	85.0

25. During the 12 months *before the delivery* of your new baby, did you *get* a flu shot? (Check one answer.)

Had a flu shot in the 12 months before delivery			
	Percent	95% CI	
		<i>Lower</i>	<i>Upper</i>
Yes, before my pregnancy	12.0	9.8	14.2
Yes, during my pregnancy	36.0	32.7	39.3

26. During *your most recent* pregnancy, did you get a Tdap shot or vaccination?

Had Tdap shot or vaccination during pregnancy			
	Percent	95% CI	
		<i>Lower</i>	<i>Upper</i>
Women who got Tdap vaccination during pregnancy	58.0	54.4	61.5

27. During your most recent pregnancy, did you have your teeth cleaned by a dentist or dental hygienist?

Teeth cleaned by a dentist or dental hygienist during pregnancy

	Percent	95% CI	
		Lower	Upper
Teeth cleaned by a dentist or dental hygienist	31.6	28.4	34.7

28. This question is about other care of your teeth during your most recent pregnancy.

Women's care of teeth during pregnancy

	Percent	95% CI	
		Lower	Upper
a. I knew it was important to care for my teeth and gums during my pregnancy	86.9	84.6	89.2
b. A dental or other health care worker talked with me about how to care for my teeth and gums	43.1	39.7	46.5
c. I had insurance to cover dental care during my pregnancy	68.5	65.3	71.7
d. I needed to see a dentist for a problem	26.6	23.6	29.6
e. I went to a dentist or dental clinic about a problem	17.5	14.9	20.1

29. During your most recent pregnancy, what kind of problem did you have with your teeth or gums? (Note: Women who did not have any problems with their teeth or gums skipped this question.)

Problems with teeth or gums

	Percent	95% CI	
		Lower	Upper
a. I had cavities that needed to be filled	51.8	45.3	58.2
b. I had painful, red, or swollen gums	37.8	31.5	44.0
c. I had a toothache	60.9	54.5	67.3
d. I needed to have a tooth pulled	46.2	39.8	52.6
e. I had an injury to my mouth, teeth, or gums	9.4	5.6	13.2
f. I had some other problem with my teeth or gums	29.4	23.4	35.4

30. During your most recent pregnancy, were you on WIC (the Special Supplemental Nutrition Program for Women, Infants, and Children)? (Note: Women who said "No" skipped to Question 32.)

Women who were on WIC during pregnancy

	Percent	95% CI	
		Lower	Upper
Women on WIC program during pregnancy	54.7	51.3	58.1

31. During your most recent pregnancy, when you went for your WIC visits, did you speak with a breastfeeding peer counselor or another WIC staff person about breastfeeding?

Spoke with a breastfeeding peer counselor or another WIC staff person about breastfeeding			
	Percent	95% CI	
		Lower	Upper
Spoke with a breastfeeding peer counselor or another WIC staff person about breastfeeding	84.3	81.0	87.7

32. During your most recent pregnancy, did you have any of the following health conditions?

Health condition during pregnancy			
	Percent	95% CI	
		Lower	Upper
a. Gestational diabetes (diabetes that started during <i>this</i> pregnancy)	7.6	5.8	9.4
b. High blood pressure (that started during <i>this</i> pregnancy), pre-eclampsia or eclampsia	19.5	16.9	22.1
c. Depression	17.6	15.0	20.1
e. Sickle cell	-	-	-

Note: Responses with relative standard error (RSE) above 30% are suppressed (dashes).

33. During your most recent pregnancy, did a doctor, nurse, or other health care worker give you a series of weekly shots of a medicine called progesterone, Makena®, or 17P (17 alpha-hydroxyprogesterone) to try to keep your new baby from being born too early?

Received shots to prevent preterm birth			
	Percent	95% CI	
		Lower	Upper
Weekly shots of a medicine called progesterone, Makena®, or 17P	7.1	5.5	8.8

34. During your most recent pregnancy, did a doctor, nurse, or other health care worker tell you that you had any of the following infections?

Women's discussions with doctor, nurse, or health care workers during pregnancy			
	Percent	95% CI	
		Lower	Upper
a. Genital warts (HPV)	1.7	0.8	2.5
b. Herpes	2.7	1.6	3.7
c. Chlamydia	2.9	1.8	4.0
d. Gonorrhea	1.3	0.6	2.0

e. Pelvic inflammatory disease (PID)	-	-	-
f. Syphilis	-	-	-
g. Group B Strep (Beta Strep)	12.5	10.1	14.8
h. Bacterial vaginosis	6.1	4.5	7.6
i. Trichomoniasis (Trich)	3.4	2.2	4.6
j. Yeast infections	16.1	13.7	18.7
k. Urinary tract infection (UTI)	26.2	23.2	29.1
l. Other	2.6	1.5	3.8

Note: Responses with relative standard error (RSE) above 30% are suppressed (dashes).

The next questions are about smoking cigarettes around the time of pregnancy (before, during, and after).

35. Have you smoked any cigarettes in the past 2 years? (Note: Women who said “No” skipped to Question 39.)

Smoking 2 years before pregnancy

	Percent	95% CI	
		Lower	Upper
Women smoked any cigarettes in the past 2 years	23.3	20.4	26.1

36. In the 3 months *before* you got pregnant, how many cigarettes did you smoke on an average day? A pack has 20 cigarettes.

Smoking 3 months before pregnancy

	Percent	95% CI	
		Lower	Upper
Women who smoked in the 3 months before pregnancy	21.5	18.7	24.2

Number of cigarettes smoked on an average day in the 3 months before pregnancy among women who smoked in the *past 2 years*

	Percent	95% CI	
		Lower	Upper
a. 41 cigarettes or more	-	-	-
b. 21 to 40 cigarettes	-	-	-
c. 11 to 20 cigarettes	21.0	15.4	26.6
d. 6 to 10 cigarettes	28.1	21.7	34.4
e. 1 to 5 cigarettes	33.6	27.0	40.1
f. Less than 1 cigarette	-	-	-
g. I didn't smoke then	7.6	4.0	11.3

Note: Responses with relative standard error (RSE) above 30% are suppressed (dashes).

37. In the *last 3 months* of your pregnancy, how many cigarettes did you smoke on an average day? A pack has 20 cigarettes.

Smoking during pregnancy

	Percent	95% CI	
		<i>Lower</i>	<i>Upper</i>
Women who smoked in last 3 months of pregnancy	10.0	8.0	12.0

Number of cigarettes smoked on an average day in the last 3 months of pregnancy among women who smoked in the *past 2 years*

	Percent	95% CI	
		<i>Lower</i>	<i>Upper</i>
a. 41 cigarettes or more	-	-	-
b. 21 to 40 cigarettes	-	-	-
c. 11 to 20 cigarettes	13.9	9.2	18.6
d. 6 to 10 cigarettes	18.4	13.0	23.8
e. 1 to 5 cigarettes	25.1	19.2	31.1
f. Less than 1 cigarette	1.7	0.1	3.3
g. I didn't smoke then	37.2	30.4	44.0

Note: Responses with relative standard error (RSE) above 30% are suppressed (dashes).

38. How many cigarettes do you smoke on an average day *now*? A pack has 20 cigarettes.

Smoking after pregnancy

	Percent	95% CI	
		<i>Lower</i>	<i>Upper</i>
Women who smoke now	14.7	12.4	17.0

Number of cigarettes smoked on an average day now among women who smoked in the *past 2 years*

	Percent	95% CI	
		<i>Lower</i>	<i>Upper</i>
a. 41 cigarettes or more	-	-	-
b. 21 to 40 cigarettes	-	-	-
c. 11 to 20 cigarettes	13.9	9.2	18.6
d. 6 to 10 cigarettes	18.4	13.0	23.8
e. 1 to 5 cigarettes	25.1	19.2	31.1
f. Less than 1 cigarette	-	-	-
g. I don't smoke now	37.2	30.4	44.0

Note: Responses with relative standard error (RSE) above 30% are suppressed (dashes).

39. Have you used any of the following products in the past 2 years? (Note: If women said they did not use e-cigarettes or other electronic nicotine products in the past 2 years, skip to Question 42.)

Other types of nicotine products

	Percent	95% CI	
		Lower	Upper
a. E-cigarettes or other electronic nicotine products	7.9	6.1	9.8
b. Hookah	3.5	2.3	4.7
c. Chew or snus	-	-	-
d. Cigars or cigarillos	6.9	5.2	8.6

Note: Responses with relative standard error (RSE) above 30% are suppressed (dashes).

40. During the 3 months before you got pregnant, on average, how often did you use e-cigarettes or other electronic nicotine products?

Average use of e-cigarettes or other electronic nicotine products 3 months before pregnancy among women who used them in the past 2 years.

	Percent	95% CI	
		Lower	Upper
a. More than once a day	-	-	-
b. Once a day	-	-	-
c. 2-6 days a week	-	-	-
d. 1 day a week or less	13.4	5.2	21.6
e. I did not use e-cigarettes or other electronic nicotine products then	40.8	28.6	52.9

Note: Responses with relative standard error (RSE) above 30% are suppressed (dashes).

41. During the last 3 months of your pregnancy, on average, how often did you use e-cigarettes or other electronic nicotine products?

Average use of e-cigarettes or other electronic nicotine products during the last 3 months of pregnancy among women who used them in the past 2 years.

	Percent	95% CI	
		Lower	Upper
a. More than once a day	-	-	-
b. Once a day	-	-	-
c. 2-6 days a week	-	-	-
d. 1 day a week or less	-	-	-
e. I did not use e-cigarettes or other electronic nicotine products then	77.1	66.5	87.7

Note: Responses with relative standard error (RSE) above 30% are suppressed (dashes).

The next questions are about drinking alcohol around the time of pregnancy (before, during, and after).

42. Have you had any alcoholic drinks in the past 2 years? A drink is 1 glass of wine, wine cooler, can or bottle of beer, shot of liquor, or mixed drink. (Note: Women who said “No” skipped to Question 45.)

Drank alcohol 2 years before pregnancy

	Percent	95% CI	
		Lower	Upper
Women who drank alcohol in the past 2 years	59.1	55.7	62.4

43. During the 3 months before you got pregnant, how many alcoholic drinks did you have in an average week?

Number of drinks women had in an average week 3 months before pregnancy among women who drank alcohol in the past 2 years.

	Percent	95% CI	
		Lower	Upper
a. 14 drinks or more a week	-	-	-
b. 8 to 13 drinks a week	-	-	-
c. 4 to 7 drinks a week	7.3	5.1	9.6
d. 1 to 3 drinks a week	32.4	28.2	36.5
e. Less than 1 drink a week	39.7	35.4	44.0
f. I didn't drink then	18.4	14.9	21.9

Note: Responses with relative standard error (RSE) above 30% are suppressed (dashes).

44. During the last 3 months of your pregnancy, how many alcoholic drinks did you have in an average week?

Number of alcoholic drinks women had in an average week during the last 3 months of pregnancy among women who drank alcohol in the past 2 years.

	Percent	95% CI	
		Lower	Upper
a. More than 7 drinks a week	-	-	-
b. 4 to 7 drinks a week	-	-	-
c. 1 to 3 drinks a week	2.6	1.3	4.2
d. Less than 1 drink a week	5.1	3.1	7.1
e. I didn't drink then	91.9	89.5	94.3

Note: Responses with relative standard error (RSE) above 30% are suppressed (dashes).

Pregnancy can be a difficult time. The next questions are about things that may have happened *before* and *during* your most recent pregnancy.

45. This question is about things that may have happened during the *12 months before* your new baby was born.

Stressful events during the 12 months before new baby was born

	Percent	95% CI	
		<i>Lower</i>	<i>Upper</i>
a. A close family member was very sick and had to go into the hospital	25.0	22.0	27.9
b. I got separated or divorced from my husband or partner	7.8	6.0	9.5
c. I moved to a new address	30.8	27.7	33.9
d. I was homeless or had to sleep outside, in a car, or in a shelter	2.6	1.5	3.6
e. My husband or partner lost his job	9.6	7.6	11.6
f. I lost my job even though I wanted to go on working	10.7	8.6	12.8
g. My husband, partner, or I had a cut in work hours or pay	12.3	10.1	14.5
h. I was apart from my husband or partner due to military deployment or extended work-related travel	5.8	4.2	7.4
i. I argued with my husband or partner more than usual	23.1	20.3	26.0
j. My husband or partner said they didn't want me to be pregnant	7.7	5.9	9.6
k. I had problems paying the rent, mortgage, or other bills	17.5	14.9	20.1
l. My husband, partner, or I went to jail	4.3	3.0	5.7
m. Someone very close to me had a problem with drinking or drugs	12.6	10.3	14.9
n. Someone very close to me died	21.9	19.1	24.7

46. During the *12 months before* you got pregnant with your new baby, did any of the following people push, hit, slap, kick, choke, or physically hurt you in any other way?

Physical violence before pregnancy

	Percent	95% CI	
		<i>Lower</i>	<i>Upper</i>
a. My husband or partner	4.3	2.9	5.7
b. My ex-husband or ex-partner	2.7	1.6	3.7
c. Another family member	-	-	-
d. Someone else	-	-	-

Note: Responses with relative standard error (RSE) above 30% are suppressed (dashes).

47. During your most recent pregnancy, did any of the following people push, hit, slap, kick, choke, or physically hurt you in any other way?

Physical violence during pregnancy

	Percent	95% CI	
		Lower	Upper
a. My husband or partner	3.5	2.3	4.7
b. My ex-husband or ex-partner	-	-	-
c. Another family member	-	-	-
d. Someone else	-	-	-

Note: Responses with relative standard error (RSE) above 30% are suppressed (dashes).

48. During your most recent pregnancy, did any of the following things happen to you?

Physical abuse during pregnancy

	Percent	95% CI	
		Lower	Upper
a. My husband or partner threatened me or made me feel unsafe in some way	5.3	3.8	6.7
b. I was frightened for my safety or my family's safety because of the anger or threats of my husband or partner	3.5	2.3	4.8
c. My husband or partner tried to control my daily activities, for example, controlling who I could talk to or where I could go	5.8	4.2	7.3
d. My husband or partner forced me to take part in touching or any sexual activity when I did not want to	-	-	-

Note: Responses with relative standard error (RSE) above 30% are suppressed (dashes).

After Pregnancy

50. Did you plan or schedule a Cesarean delivery (C-section) at least one week before your new baby was born?

Planned or scheduled C-section	Percent	95% CI	
		Lower	Upper
C-section Plan	25.5	22.5	28.4

51. How was your new baby delivered? (Note: Women who said “Vaginally” skipped to Question 54.)

Delivery type	Percent	95% CI	
		Lower	Upper
Vaginally	61.1	57.8	64.4
C-section	38.9	35.6	42.2

52. What was the reason that your new baby was born by Cesarean delivery (C-section)? (Check all that apply).

Reasons for C-section		Percent	95% CI	
			Lower	Upper
a.	I had a previous Cesarean delivery (C-section)	52.8	47.6	58.0
b.	My baby was in the wrong position (such as breech)	13.0	9.6	16.4
c.	I was past my due date	-	-	-
d.	My health care provider worried that my baby was too big	8.9	5.8	12.1
e.	I had a medical condition that made labor dangerous for me (such as heart condition, physical disability)	4.4	2.5	6.3
f.	I had a complication in my pregnancy (such as pre-eclampsia, placental problems, infection, preterm labor)	19.9	16.4	23.5
g.	My health care provider tried to induce my labor, but it didn't work	11.8	8.4	15.2
h.	Labor was taking too long	9.2	6.0	12.3
i.	The fetal monitor showed that my baby was having problems before or during labor (fetal distress)	14.2	10.7	17.8
j.	I wanted to schedule my delivery	6.8	4.1	9.5
k.	I didn't want to have my baby vaginally	4.8	2.4	6.9
l.	Other	14.1	10.6	17.7

Note: Responses with relative standard error (RSE) above 30% are suppressed (dashes).

53. Which statement best describes whose idea it was for you to have a Cesarean delivery (C-section)? (Check one answer.)

Whose idea it was for you to have a C-section

	Percent	95% CI	
		<i>Lower</i>	<i>Upper</i>
a. My health care provider recommended a Cesarean delivery <i>before</i> I went into labor	59.2	54.0	64.5
b. My health care provider recommended a Cesarean delivery while I was in labor	27.8	22.9	32.6
c. I asked for the Cesarean delivery	13.0	9.3	16.7

54. How much weight did you gain during *your most recent* pregnancy?

Weight gain during pregnancy

	Percent	95% CI	
		<i>Lower</i>	<i>Upper</i>
a. Did not gain weight	6.2	4.6	7.7
b. 1-10 pounds	8.9	7.0	10.8
c. 11-20 pounds	21.9	19.1	24.7
d. 21-30 pounds	26.2	23.2	29.2
e. 31-40 pounds	19.9	17.2	22.6
f. 41 or more pounds	16.9	14.3	19.4

55. After your baby was delivered, was he or she put in an intensive care unit (NICU)?

Baby in ICU

	Percent	95% CI	
		<i>Lower</i>	<i>Upper</i>
The baby was in NICU after he/she was born	12.3	10.5	14.0

56. After your baby was delivered, how long did he or she stay in the hospital? (Note: Women who said their baby is still in the hospital skipped to Question 59.)

Baby's length of stay in the hospital

	Percent	95% CI	
		<i>Lower</i>	<i>Upper</i>
a. Less than 24 hours (<1 day)	0.9	0.3	1.5
b. 24 to 48 hours (1-2 days)	57.7	54.4	61.0
c. 3 to 5 days	31.7	28.5	34.9

d. 6 to 14 days	5.2	3.9	6.5
e. More than 14 days	3.7	3.0	6.5
f. My baby was not born in a hospital	-	-	-
g. My baby is still in the hospital	0.3	0.2	0.5

Note: Responses with relative standard error (RSE) above 30% are suppressed (dashes).

57. Is your baby alive now? (*Note: Women who said “No” skipped to Question 72.*)

Baby still living	Percent	95% CI	
		Lower	Upper
Baby alive now	98.8	98.1	99.4

58. Is your baby living with you now? (*Note: Women who said “No” skipped to Question 72.*)

Baby living with mother now	Percent	95% CI	
		Lower	Upper
Baby living with mother now	98.4	97.5	99.3

59. Before or after your new baby was born, did you receive information about breastfeeding from any of the following sources?

Sources of women’s information about breastfeeding

	Percent	95% CI	
		Lower	Upper
a. My doctor	77.7	74.7	80.6
b. A nurse, midwife, or doula	65.4	62.1	68.8
c. A breastfeeding or lactation specialist	69.7	66.4	72.9
d. My baby’s doctor or health care provider	68.5	65.2	71.8
e. A breastfeeding support group	27.0	23.9	30.2
f. A breastfeeding hotline or toll-free number	8.8	6.7	10.8
g. Family or friends	58.7	55.3	62.2
h. Other	8.4	6.2	10.7

60. Did you ever breastfeed or pump breast milk to feed your new baby, even for a short period of time? (Note: Women who said “No” skipped to Question 65.)

Breastfeeding initiation	Percent	95% CI	
		Lower	Upper
Women who ever breastfed or pumped breast milk to feed baby	68.6	65.4	71.9

61. Are you currently breastfeeding or feeding pumped milk to your new baby? (Note: Women who said “Yes” skipped to Question 63.)

Breastfeeding continuation (at time woman responded to survey)	Percent	95% CI	
		Lower	Upper
Women who currently breastfeed or feed pumped milk to baby	41.7	37.5	45.8

62. How many weeks or months did you breastfeed or pump milk to feed your baby?

Duration of breastfeeding or pumping milk	Percent	95% CI	
		Lower	Upper
<1 week	17.9	13.8	22.1
1-7 weeks	54.3	48.9	59.7
8-23 weeks	27.7	22.9	32.5

63. This question asks about things that may have happened at the hospital where your new baby was born.

Things that happened at the hospital where I had my baby	Percent	95% CI	
		Lower	Upper
a. Hospital staff gave me information about breastfeeding	95.2	93.5	97.0
b. My baby stayed in the same room with me at the hospital	89.2	87.3	91.1
c. I breastfed my baby in the hospital	90.6	88.5	92.8
d. Hospital staff helped me learn how to breastfeed	83.4	80.3	86.5
e. I breastfed in the first hour after my baby was born	68.9	65.1	72.6
f. My baby was placed in skin-to-skin contact within the first hour of life	81.1	78.2	84.1
g. My baby was fed only breast milk at the hospital	55.5	51.3	59.6
h. Hospital staff told me to breastfeed whenever my baby wanted	83.5	80.5	86.5

i.	The hospital gave me a breast pump to use	32.9	29.1	36.7
j.	The hospital gave me a gift pack with formula	48.4	44.2	52.6
k.	The hospital gave me a telephone number to call for help with breastfeeding	74.2	70.4	77.9
l.	Hospital staff gave my baby a pacifier	42.1	38.0	46.2

64. How old was your new baby the first time he or she had liquids other than breast milk (such as formula, water, juice, or cow’s milk)?

Baby’s first time drinking liquids other than breast milk

	Percent	95% CI	
		Lower	Upper
<1 week	48.3	43.4	53.1
1-7 weeks	32.1	27.6	36.5
8-23 weeks	19.3	15.6	23.1
24 weeks or longer	-	-	-

Note: Responses with relative standard error (RSE) above 30% are suppressed (dashes).

65. Did anyone suggest that you *not* breastfeed your new baby? (Note: Women who said “No” skipped to Question 67.)

Was woman suggested not to breastfeed

	Percent	95% CI	
		Lower	Upper
Women who were suggested not to breastfeed	8.9	6.9	10.8

66. Who suggested that you *not* breastfeed your new baby? (Check all that apply.)

Who suggested not to breastfeed

	Percent	95% CI	
		Lower	Upper
a. My husband or partner	24.2	14.6	33.8
b. My mother, father, or in-laws	40.9	29.9	52.0
c. Other family member or relative	26.4	16.7	36.1
d. My friends	20.3	11.1	29.5
e. My baby’s doctor, nurse, or other health care worker	13.0	5.9	20.0
f. My doctor, nurse, or other health care worker	15.0	7.2	22.8
h. Other	-	-	-

Note: Responses with relative standard error (RSE) above 30% are suppressed (dashes).

67. In which *one* position do you most often lay your baby down to sleep now? (Check one answer.)

Baby's sleeping position

	Percent	95% CI	
		<i>Lower</i>	<i>Upper</i>
a. On his or her side	15.4	12.9	18.0
b. On his or her back	69.4	66.2	72.6
c. On his or her stomach	10.9	8.8	13.0
d. On his or her side/back	2.6	1.5	3.6
e. On his or her side/stomach	-	-	-
f. On his or her back/stomach	-	-	-
g. All 3 positions	-	-	-

Note: Responses with relative standard error (RSE) above 30% are suppressed (dashes).

68. In the past 2 weeks, how often has your new baby slept alone in his or her own crib or bed?

(Note: Women who said "Never" skipped to Question 70.)

Baby slept alone in past 2 weeks

	Percent	95% CI	
		<i>Lower</i>	<i>Upper</i>
a. Always	44.1	40.6	47.5
b. Often	19.6	16.8	22.4
c. Sometimes	13.5	11.1	15.8
d. Rarely	7.3	5.4	9.1
e. Never	15.6	13.1	18.2

69. When your new baby sleeps alone, is his or her crib or bed in the same room where you sleep?

Does baby sleep in the same room as mother

	Percent	95% CI	
		<i>Lower</i>	<i>Upper</i>
Room sharing	88.8	86.3	91.3

70. Listed below are some more things about how babies sleep. How did your new baby usually sleep in the *past 2 weeks*?

Baby's sleep environment

	Percent	95% CI	
		<i>Lower</i>	<i>Upper</i>
a. In a crib, bassinet, or pack and play	82.3	79.9	85.2
b. On a twin or larger mattress or bed	35.4	32.1	38.8
c. On a couch, sofa, or armchair	12.5	10.1	14.8
d. In an infant car seat or swing	39.4	36.0	42.9
e. In a sleeping sack or wearable blanket	22.8	19.8	25.7
f. With a blanket	51.3	47.8	54.8
g. With toys, cushions, or pillows, including nursing pillows	9.9	7.8	12.0
h. With crib bumper pads (mesh or non-mesh)	16.2	13.6	18.8

71. Did a doctor, nurse, or other health care worker tell you any of the following things?

Safe sleep discussion with health care providers

	Percent	95% CI	
		<i>Lower</i>	<i>Upper</i>
a. Place my baby on his or her back to sleep	93.7	91.9	95.4
b. Place my baby to sleep in a crib, bassinet, or pack and play	86.3	83.8	88.8
c. Place my baby's crib or bed in my room	56.4	53.0	59.9
d. What things should and should not go in bed with my baby	89.6	87.4	91.8

72. Are you or your husband or partner doing anything *now* to keep from getting pregnant?

Some things people do to keep from getting pregnant include having their tubes tied, using birth control pills, condoms, withdrawal, or natural family planning. (*Note: Women who said "Yes" skipped to Question 74.*)

Postpartum birth control

	Percent	95% CI	
		<i>Lower</i>	<i>Upper</i>
Woman and/or husband or partner were using birth control	79.6	76.9	82.4

73. What are your reasons or your husband's or partner's reasons for not doing anything to keep from getting pregnant *now*? (Check all that apply.)

Reasons woman and/or husband or partner are not using birth control now

	Percent	95% CI	
		<i>Lower</i>	<i>Upper</i>
a. I want to get pregnant	14.9	9.7	20.1
b. I am pregnant now	-	-	-
c. I had my tubes tied or blocked	9.0	4.8	13.2
d. I don't want to use birth control	40.7	33.2	48.1
e. I am worried about side effects from birth control	35.4	28.2	42.6
f. I am not having sex	19.3	13.3	25.4
g. My husband or partner doesn't want to use anything	10.4	5.9	14.8
h. I have problems paying for birth control	7.6	3.7	11.4
g. Other	16.8	11.2	22.4

Note: Responses with relative standard error (RSE) above 30% are suppressed (dashes).

74. What kind of birth control are you or your husband or partner using *now* to keep from getting pregnant? (Check all that apply.) (Note: Women who said they or their husband/partner were not doing anything to keep from getting pregnant now skipped this question.)

Types of birth control using now

	Percent	95% CI	
		<i>Lower</i>	<i>Upper</i>
a. Tubes tied or blocked (female sterilization or Essure®)	18.5	15.5	21.5
b. Vasectomy (male sterilization)	2.9	1.6	4.3
c. Birth control pills	27.5	24.1	30.9
d. Condoms	31.1	27.5	34.6
e. Shots or injections (Depo-Provera®)	14.5	11.8	17.2
f. Contraceptive patch (OrthoEvra®) or vaginal ring (NuvaRing®)	3.9	2.5	5.4
g. IUD (including Mirena®, ParaGard®, Liletta®, or Skyla®)	8.3	6.2	10.3
h. Contraceptive implant in the arm (Nexplanon® or Implanon®)	4.0	2.6	5.5
i. Natural family planning (including rhythm method)	4.1	2.5	5.6
j. Withdrawal (pulling out)	22.0	18.8	25.2
k. Not having sex (abstinence)	11.6	9.2	14.0
l. Other	1.8	0.8	2.8

75. Since your new baby was born, have you had a postpartum checkup for yourself? A postpartum checkup is the regular checkup a woman has about 4-6 weeks after she gives birth. (Note: Women who said “No” skipped to Question 77.)

Postpartum checkup

	Percent	95% CI	
		Lower	Upper
Women who had a postpartum checkup	89.0	86.9	91.1

76. During your postpartum checkup, did a doctor, nurse, or other health care worker do any of the following things?

Things done by health care providers during a postpartum checkup

	Percent	95% CI	
		Lower	Upper
a. Tell me to take a vitamin with folic acid	42.3	38.7	45.9
b. Talk to me about healthy eating, exercise, and losing weight gained during pregnancy	53.0	49.4	56.7
c. Talk to me about how long to wait before getting pregnant again	44.9	44.2	48.5
d. Talk to me about birth control methods I can use after giving birth	84.3	81.6	86.9
e. Give or prescribe me a contraceptive method such as the pill, patch, shot (Depo-Provera®), NuvaRing®, or condoms	51.6	48.0	55.3
f. Insert an IUD (Mirena®, ParaGard®, Liletta®, or Skyla®) or a contraceptive implant (Nexplanon® or Implanon®)	15.2	12.6	17.8
g. Ask me if I was smoking cigarettes	54.5	50.9	58.2
h. Ask me if someone was hurting me emotionally or physically	44.3	40.7	47.9
i. Ask me if I was feeling down or depressed	74.0	70.8	77.2
j. Test me for diabetes	24.0	21.0	27.1

77. Since your new baby was born, how often have you felt down, depressed, or hopeless?

Feeling down, depressed, or hopeless

	Percent	95% CI	
		Lower	Upper
a. Always	1.8	1.0	2.7
b. Often	9.1	7.2	11.1
c. Sometimes	22.7	19.8	25.5
d. Rarely	28.0	24.9	31.0
e. Never	38.4	35.1	41.8

78. Since your new baby was born, how often have you had little interest or little pleasure in doing things you usually enjoyed?

Little interest or little pleasure in doing things women usually enjoyed

	Percent	95% CI	
		<i>Lower</i>	<i>Upper</i>
a. Always	6.4	4.8	8.0
b. Often	9.3	7.3	11.3
c. Sometimes	24.2	21.3	27.2
d. Rarely	23.5	20.6	26.4
e. Never	36.5	33.2	39.8

The last questions are about the time during the *12 months before* your new baby was born.

79. During the 12 months before your new baby was born, what was your yearly total household income before taxes? Include your income, your husband's or partner's income, and any other income you may have received.

Annually total household income before taxes

	Percent	95% CI	
		<i>Lower</i>	<i>Upper</i>
a. \$16,000 or less	32.9	29.7	36.2
b. \$16,001 to \$40,000	35.3	32.0	38.7
c. More than \$40,000	31.7	28.4	35.0

80. During the 12 months before your new baby was born, how many people, including yourself, depended on this income?

Number of people who depended on the income during 12 months before birth

	Percent	95% CI	
		<i>Lower</i>	<i>Upper</i>
1	12.6	10.3	14.9
2	30.3	27.1	33.5
3	28.8	25.7	32.0
4	16.3	13.7	18.9
5	6.7	4.9	8.5
6	2.7	1.5	3.8
7	1.4	0.6	2.2
8	-	-	-
9	-	-	-
10	-	-	-

Note: Responses with relative standard error (RSE) above 30% are suppressed (dashes).

Appendix

Purpose and History

In 1987, the Centers for Disease Control and Prevention (CDC) initiated the PRAMS project in collaboration with state health departments. The purpose was to gather data about maternal experiences and behaviors relevant to maternal and infant health, especially low birth weight and infant mortality. Forty-six states, the District of Columbia, New York City, Northern Mariana Islands, and Puerto Rico currently participate in this project. Several other states, conduct PRAMS-like surveys.

Findings from PRAMS are used to enhance understanding of maternal behaviors and their relationship with adverse pregnancy outcomes. Data can be used at the state level to plan, implement, monitor and evaluate programs and to inform policymakers and the general public. PRAMS helps to identify women at risk for health problems and to monitor progress over time. At the national level, PRAMS represents 81% of all US births. For year 2019 births, the Phase VIII questionnaire was used.

Sampling

This description is based on information from the CDC PRAMS website <http://www.cdc.gov/prams/methodology.htm>. The PRAMS sample of women who have had a recent live birth was drawn from the state's birth certificate file. For birth year 2019, Mississippi PRAMS sampled 1,993 mothers (1,266 respondents generalizing to a PRAMS-eligible population of 36,634). The sample was stratified by birth weight: women with very low birth weight (under 1,500 g) or low birth weight (1,500 to 2,499 g) infants were sampled at a higher rate. Records were excluded from the sample if the mother was a non-resident or gave birth out of state, mother's last name was missing in birth certificates, or the birth certificate process was delayed by more than 6 months.

Data Collection

Procedures and instruments are standardized to allow comparisons between states. Selected women were first contacted by mail. If there was no response, attempts were made to interview women by telephone.

Weighting and Analysis

CDC PRAMS weighted the dataset, providing a final analysis weight that was the product of the weights for sampling, non-response, and non-coverage. Estimates for the PRAMS-eligible population were obtained by using the analysis weight and survey design variables. SAS 9.4 software was used for survey analysis.

Statistical Methods

Information in this brief surveillance report was generated using the SAS survey analysis procedures to properly analyze complex weighted sample data. The statistical analysis included the appropriate weight and strata variables. The analysis produced the unweighted count, weighted count, weighted percentage and 95% confidence interval for the responses to each. Response categories with non-overlapping 95% confidence intervals were determined to be statistically significant from each other.

Strengths and Limitations

Strengths:

PRAMS is a population-based survey allowing generalization to all women with a live birth, with relatively few exclusions. PRAMS data provides overall estimates of prevalence of behaviors or health problems of women who have recently had a live birth and are useful for program planning, monitoring trends and assessing a state's need for services. The weighted response rate of the 2019 PRAMS sample was 65%, 10 percentage points above the 55% response rate required by CDC. This means that the responses of women to the 2019 PRAMS survey can be generalized to all women with a live birth in Mississippi.

Limitations:

Sample sizes for some subpopulations and question response categories were too small for precise estimates. Responses with relative standard error above 30% are suppressed. In the tables of this report, results replaced

with a dash (-) indicate a relative standard error greater than 30%. PRAMS questionnaire data are self-reported and may be subject to recall bias, reporting bias and response mode bias (e.g., whether the woman answered the mail survey or the phone survey). The answer also depends on how the survey respondent interpreted the questions. If respondents interpret differently than expected, inaccurate information may result.

Survey Topics

Survey topics was designed to provide guidance for PRAMS data users on noteworthy question or topic areas in the PRAMS survey. The topics were originally derived from the Mississippi maternal and child health (MCH) state needs assessment and the CDC PRAMS web query categories. Each topic area is matched with questions from the survey and a brief description of the question is provided.

Sample and Population, year 2019 births

Below is a description of the maternal characteristics of MS PRAMS respondents (unweighted number of respondents), weighted estimates (numbers and percentages of MS residents with an in-state live birth) and the 95% confidence interval (CI).

Maternal characteristics	Unweighted counts	Weighted counts	95% CI Lower	95% CI Upper	Weighted percent	95% CI Lower	95% CI Upper
Age (years)							
≤19	107	2610	1985	3235	7.7	5.8	9.5
20-24	334	9303	8270	10336	27.3	24.3	30.4
25-29	396	10828	9762	11894	31.8	28.7	35.0
30-34	278	7916	6934	8897	23.3	20.4	26.1
35 and older	151	3380	2707	4053	9.9	8.0	11.9
Total	1266	34036	33732	34340	100.0		
Race							
White	556	16846	15693	17999	49.5	46.1	52.9
Black	651	14997	13855	16138	44.1	40.7	47.4
Other	59	2193	1594	2793	6.4	4.7	8.2
Total	1266	34036	33732	34340	100.0		
Education							
Less than high school	19	731.8	336.9	1127	2.2	1.0	3.3
High school	159	3607	2904	4309	10.6	8.5	12.7
Some college	392	10077	9019	11135	29.6	26.5	32.7
College graduate	694	19606	18489	20723	57.6	54.3	61.0
Total	1264	34022	33718	34326	100.0		
Marital Status							
Married	516	15392	14247	16538	45.2	41.9	48.6
Not Married	750	18644	17472	19815	54.8	51.4	58.1
Total	1266	34036	33732	34340	100.0		